

# September 2023

Menu is subject to change

A variety of fresh fruit and vegetable are offered daily

"This institution is an equal opportunity Provider."

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4	Chicken Nuggets Fruit and Vegetable Turkey & Cheese WG-Sandwich Salad Bar	Pretzel w/Chili Fruit and Vegetable SunButter & Jelly WG-Sandwich Salad Bar	Corn Dogs Fruit and Vegetable Ham & Cheese WG-Sandwich Salad Bar	Cheese Pizza Fruit and Vegetable SunButter Jelly WG-Sandwich Salad Bar
Spaghetti & Meatballs with WG Noodles Fruit and Vegetable Ham & Cheese WG-Sandwich Salad Bar	Hot Dog or Chili Dog On WG Bun Fruit and Vegetable Turkey & Cheese WG-Sandwich Salad Bar	Sub Sandwich on WG hoagie Fruit and Vegetable SunButter & Jelly WG-Sandwich Salad Bar	Chicken Tenders Fruit and Vegetable Ham & Cheese WG-Sandwich Salad Bar	Grilled Cheese & Tomato Soup Fruit and Vegetable SunButter Jelly WG-Sandwich Salad Bar
Hamburger/Cheeseburger On WG Bun Fruit and Vegetable Ham & Cheese WG-Sandwich Salad Bar	Mini Corn Dogs Fruit and Vegetable Turkey & Cheese WG-Sandwich Salad Bar	Chicken Patty on WG Bun Fruit and Vegetable SunButter & Jelly WG-Sandwich Salad Bar	Beef Nachos Fruit and Vegetable Ham & Cheese WG-Sandwich Salad Bar	Bosco Cheese Stick Marinara Sauce Fruit and Vegetable SunButter Jelly WG-Sandwich Salad Bar
French Toast Sticks Sausage Fruit and Vegetable Ham & Cheese WG-Sandwich Salad Bar	Chicken Quesadilla on WG tortillas Fruit and Vegetable Turkey & Cheese WG-Sandwich Salad Bar	Popcorn Chicken Fruit and Vegetable SunButter & Jelly WG-Sandwich Salad Bar	Chicken Alfredo with WG Noodles Fruit and Vegetable Ham & Cheese WG-Sandwich Salad Bar	Cheese Pizza Fruit and Vegetable SunButter Jelly WG-Sandwich Salad Bar

— WELCOME —

BACK TO SCHOOL



**SY 2023-2024**  
**Lunch - Free**  
**Ala Carte - \$1.75**  
**Milk - \$.50**  
**Adult Lunch \$5.00**  
**Good Shepherd**  
**IS A NUT FREE SCHOOL**